15th Annual Symposium













Empowering Women in Dentistry: Clinical Excellence and Leadership

SYMPOSIUM PROGRAM

April 4 2025

womenindentistry.ca

Venue:

Parkview Manor 55 Barber Greene Rd #1, North York, ON M3C 2A1

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Dear Esteemed Attendees and Colleagues,

We are overjoyed to celebrate the 15th Anniversary of Women in Dentistry: Work. Life. Balance! It is with immense pride and excitement that I invite you and your entire dental team to join us for the 15th Annual Women in Dentistry Symposium and Workshops.

As we reflect on our incredible journey since our first meeting in 2010, and after the outstanding success of our 2024 symposium, we are eagerly looking forward to an even more impactful gathering in 2025. Be sure to take a moment to explore our 2024 photo gallery and relive some of those memorable experiences!

This year, we are thrilled to continue our popular two-day format. The event will begin with our main symposium on **Friday, April 4th** at **Parkview Manor**, featuring a full day of inspiring lectures tailored to all dental team members, focusing on achieving balance in both personal and professional spheres. The following day, **Saturday, April 5th**, will feature three hands-on workshops designed to deliver practical, skills-based training led by industry experts.

Our Saturday workshops, taking place at the **Pan Pacific Hotel**, are crafted to provide an exceptional, interactive learning experience. These sessions will allow you to deepen your expertise in specialized areas of dentistry, with topics such as creating esthetic anterior composites, mastering suturing techniques and socket preservation, as well as exploring both digital and traditional workflows for single implant restorations.

Thank you for your unwavering support, passion, and dedication to this community. Join us, along with all your team members, as we come together to learn, network, and elevate our collective expertise while continuing to champion the advancement of women in dentistry. I look forward to seeing you all.

Warm regards,

Effie Habsha and the entire Women in Dentistry Team



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PROGRAM AT-A-GLANCE

Estables A	- Lil 4th	OOOF	Assessed	C	
Friday A	prii 4",	2025 -	Annuai	Sym	posium

7:30 ^{am} - 8:30 ^{am}	Registration and Breakfast
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Immediacy

Salon A (Category 2: 4 CE Category 3:	2 CE)

The Implant Minded Dental Extraction in the Age of Implant

Salon A (Calegory 2. 4 CE Calegory 3. 2 CE)				
Time	Course Title	Speaker/s		
8:30 ^{am} - 8:45 ^{am}	Opening Remarks	Dr. Effie Habsha, BSc, DDS, Dip. Prostho, MSc, FRCD(C)		
8:50 ^{am} - 10:00 ^{am}	Dementia and Alzheimer's: Shaping the Future of Clinical Practice	Anne O. Rice, RDH. BS, FAAOSH, CDP, CERTBBM		
10:00 ^{am} - 10:30 ^{am} Break / Exhibitor Networking				
10:35 ^{am} - 11:15 ^{am}	Keys to Master Ceramic Veneers	Dr. Luana Oliveira-Haas, DDS, MS, PhD		
11:20 ^{am} - 12:00 ^{pm}	5 Key Elements to grow your practice through a motivated team	Tala Batarseh, Dental Practice Consultant		
12:00 ^{pm} - 1:15 ^{pm} Lunch / Exhibitor Networking				
1:25 ^{pm} - 2:10 ^{pm}	Key Concepts in Digital Workflows: When, Why, How?	Dr. Renata Camino, DDS, MS		
2:15 ^{pm} - 3:00 ^{pm}	Horses vs. Zebras: Interpretation of Common Radiographic Abnormalities	Dr. Grace Petrikowski, DDS, MSc, FRCD(C)		
3:00 ^{pm} - 3:15 ^{pm} Break / Exhibitor Networking				

Wrap Up / Raffle

Salon B (Category 2: 2 CE Category 3: 2 CE)			
Time	Course Title	Speaker/s	
10:30 ^{am} - 12:00 ^{pm}	Emotional Intelligence & Ethics in Dentistry	Melissa Barlock	
12:00 ^{pm} - 1:15 ^{pm} Lunch / Exhibitor Networking			
1:25 ^{pm} - 2:10 ^{pm}	How to Eliminate the Barriers to Self-Care and Start Making Time for Yourself	Meryl Witkin	
2:15 ^{pm} - 3:00 ^{pm}	The RDH Checklist for Implant Maintenance and Identifying Failure.	Irene lancu, RRDH	
3:00 ^{pm} - 3:15 ^{pm} Break / Exhibitor Networking			
3:20 ^{pm} - 4:00 ^{pm}	Cannabis: Updates on Impact on Dentistry	Reefa McDoom, RRDH	
4:15 ^{pm} - 4:30 ^{pm}	Wrap Up / Raffle		



3:20^{pm} - 4:00^{pm}

4:15^{pm} - 4:30^{pm}



Dr. Lesley David, DDS, Dip OMFS, FRCD(C)







Anne O. Rice
RDH. BS, FAAOSH, CDP, CERTBBM





8:50am - 10:00am

Dementia and Alzheimer's: Shaping the Future of Clinical Practice

Description:

Dementia is generally characterized by a decline in cognitive abilities, including thinking, memory, and reasoning. Alzheimer's disease (AD), the most prevalent form of dementia, accounts for 70-80% of all cases. Alzheimer's disease poses a significant public health challenge, requiring ongoing research and comprehensive approaches to prevention, care, and support for those affected. While there is no one specific root cause there is an understanding that lifestyle, behavioral, and medical interventions is key to prevention. A compelling amount of scientific evidence has revealed that poor oral health was a risk factor for AD independent of age, gender, and laboratory measures and has identified that diseases related to tooth loss, dental caries, periodontal diseases, gingivitis, and other diseases of the lip and oral mucosa were associated with a higher risk of AD. Bidirectional care integration between dental and medical providers may best help mitigate patient's risk. Discover evidence-based, safe strategies not only to improve your own brain health but to help your patients extend their brain span, reinforcing our role as healthcare providers.

Objectives:

- Recognize the scope of bacteria, yeast, and viruses in the development of Alzheimer's disease
- Discover how heart health, hearing loss, genetics, insulin resistance, diet, exercise and sleep impact the risk of cognitive decline
- Realize "red flag" risk factors that can be found on patient's medical histories and how dental providers can help
- Ensure better brain health with treatments for sleep disruptors like apnea

Anne Rice: Anne is a clinical dental hygienist, speaker, writer, and consultant. She received her preceptor for the Bale/Doneen method, is a Certified Dementia Practitioner, and a Longevity Specialist with the Alzheimer's Research and Prevention Foundation, where she has developed curriculum. She is a fellow with AAOSH, on their advisory board and is certified in the Buteyko breathing method. Anne published her manuscript Alzheimer's Disease and Oral-Systemic Health for Frontiers and her column for RDH magazine focusing on oral systemic health and is on their 2024 editorial advisory board. She was chosen as a recipient of the 2024 Sunstar award of distinction. Anne has been included in an International Consortium of a diverse network of brain researchers, clinicians and institutions who support Alzheimer's prevention. Her consulting has brought her to Weill Cornell Medical Center's Alzheimer's Prevention Clinic, Florida Atlantic College Center for Brain Health, and the Atria Institute.

SALON A



Dr. Luana Oliveira-Haas

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10:35^{am} - 11:15^{am}

Keys to Master Ceramic Veneers

Description:

This lecture focuses on the latest protocols for ceramic veneer restorations. The program provides an overview of the knowledge and practical skills necessary to perfect ceramic veneer restorations, covering material selection, diagnostic and treatment planning for esthetic cases using ceramic veneers. Key concepts on the latest procedures for preparation, impression, and cementation of veneers will be covered. Participants will gain an understanding of the critical differences among various preparations and ceramic materials, enabling them to confidently select them. Additionally, attendees will learn how to incorporate diagnostic mock-ups into their daily practice as a reliable choice for treatment planning, effective communication with patients and labs, and time-saving during the preparation and provisional phases of complex cases. Participants will learn the latest techniques on ceramic veneers and be ready to immediately apply them to enhance their clinical performance.

Objectives:

- Understand the treatment planning of esthetic cases and designing the smile.
- Compare the best ceramic material for veneers restorations and understand how to select the appropriate type of ceramic.
- Overview of veneer preparation protocols: classic versus modern preparations techniques

Dr. Luana Oliveira-Haas: Dr. Luana Oliveira-Haas is an accomplished professional with extensive expertise in Restorative Dentistry, Evidence-based Dentistry, and research. With over 25 years of experience, she is passionate about teaching and has conducted numerous lectures and hands-on workshops on restorative dentistry. Dr. Oliveira-Haas earned her DDS degree from the Federal University of Uberlandia, Brazil in 1995. She furthered her education with a certificate in Advanced Studies in Esthetic Dentistry at Sao Paulo State University and completed a Specialty Program in Operative Dentistry at the Federal University of Uberlandia, both in Brazil.

Continuing her academic journey, Dr. Oliveira-Haas pursued a Master and PhD in Operative Dentistry at Sao Paulo State University in 2004. Later, she moved to the United States and served as a faculty member at Nova Southeastern University, Fort Lauderdale-FL for 12 years. During this time, she also held the position of Post Graduate Operative Dentistry Program Director. In 2018, she joined the Adult Restorative Dentistry Department at UNMC, College of Dentistry, Lincoln-NE. After completing a two-year (2021-2023) AEGD residency program at the University of Florida, Dr Oliveira-Haas proudly obtained her certificate as a US-trained and licensed dentist.

Currently, Dr. Oliveira-Haas holds the position of Clinical Associate Professor and AEGD Residency Program Director at the University of Missouri-Kansas City, Kansas City, MO while also maintaining her practice in the Faculty Practice clinic. Her impressive academic background and extensive clinical experience make her a respected authority in the field of Esthetic and Restorative Dentistry.







Tala Batarseh

Dental Practice Consultant



11:20am - 12:00pm

5 Key Elements to grow your practice through a motivated team

Description:

Assess the health of your practice and create an action plan for growth.

Objectives:

- We will create a definitive blueprint for your practice growth.
- We will develop growth strategies to avoid burnout.
- We will examine in detail, the KPIs that will unveil the weaknesses, and identify the strengths within your practice.
- We will develop strategies to build a cohesive team that will work together towards a common goal.

Tala Batarseh:

- Tala Batarseh is the visionary behind DenTala Coaching & Consulting, a leading firm in the dental industry.
- She earned her bachelor's degree in business Administration and a certification of general management from York University, she has been making a profound impact on dental practices for over 15 years.
- Tala's dedication to mentorship and coaching has helped numerous clinicians and auxiliary team members excel in their roles.
- Tala's quest for knowledge is evident in her extensive CV of continuing education courses, ranging from dental treatment sales and treatment coordination to executive leadership training and IPAC compliance.
- Combining her theoretical expertise with a wealth of hands-on experience, Tala has become a driving force in propelling dental practices towards unprecedented success.
- Whether it's guiding new dentists embarking on their startup journey or assisting seasoned veterans in scaling their existing operations, Tala's passion and determination remain unparalleled.
- From turnkey projects to long-standing legacies practices, she has consistently delivered outstanding results in the dental space.
- Notably, Tala Batarseh's influence extends beyond her consulting firm. As the Co-Founder and Director
 of Operations for Dental Mentorship Group, she continues to shape the future of the dental industry. Her
 leadership and expertise have firmly established her as a respected figure in the dental community.
- Her track record of success is a testament to her unwavering dedication and innovative approach, making her a true luminary in the dental world.



















Dr. Renata Camino

straumanngroup

1:25^{pm} - 2:10^{pm}

Key Concepts in Digital Workflows: When, Why, How?

Description:

The development and improvement of digital technologies such as CBCT, intraoral scanning and CAD/CAM, continue to simplify our daily diagnostic and treatment procedures. Particularly in implant dentistry, the integration of these tools has helped us improve the quality and efficiency of our treatments.

In this time of constant evolution, clinicians are frequently confronted with the same questions: When should we use a digital workflows? When should we stick to traditional workflows? Or is there a possibility to utilize both? What pathway will give us the most satisfying outcomes?

The purpose of this lecture is to provide clinicians with an overview and systematic approach to the different stages of digital workflows in implant dentistry. We will outline fundamental digital dentistry terminologies, the tools required, and restorative pathways in a simplified and practical manner.

Objectives:

- Understand the fundamentals of digital workflows, including communication strategies and essential tools
- Examine the similarities and differences between digital and traditional restorative pathways
- Discuss potential challenges associated with different pathways for patients requiring dental implants.

Dr. Renata Camino: Dr. Renata Camino Navarro received her DDS from Universidad Intercontinental in Mexico City. After spending a couple years in private practice Dr. Camino made the decision to pursue an advanced training in the field of prosthodontics which she completed at the University of North Carolina - Chapel Hill / Adams school of Dentistry earning her prosthodontics certificate and a Master of Science, followed by a Fellowship in Dental Implantology. She served as an assistant professor in the department of prosthodontics at the same institution, where her role involved didactic and clinical instruction in the pre-doctoral and graduate programs. Currently, Dr. Camino practices in a private practice in Cary, North Carolina. She continues to be involved with the prosthodontics graduate program as an adjunct clinical professor. Dr. Camino is passionate about the care and service she can provide as a clinician, teacher and student.

SALON A



Dr. Grace Petrikowski

DDS, MSc, FRCD(C)



2:15pm - 3:00pm

Horses vs. Zebras: Interpretation of Common Radiographic Abnormalities

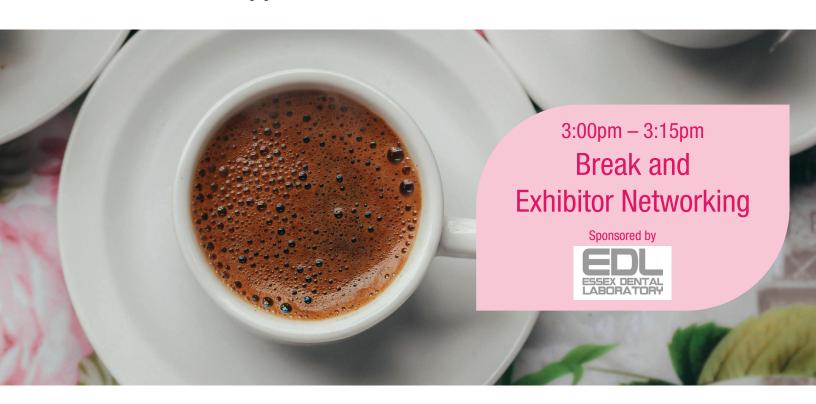
Description:

Radiographic abnormalities regularly seen by an oral and maxillofacial radiologist may pose a diagnostic challenge to other clinicians. In this presentation, common radiographic abnormalities will be reviewed and other lesions that may mimic or be mistaken for common abnormalities will be discussed in a case presentation format.

Objectives:

- Describe the radiographic features of abnormalities commonly encountered in dental practice.
- Formulate a differential diagnosis for common radiographic abnormalities seen in dental practice
- Recognize radiographic features of other abnormalities that may mimic common lesions

Dr. Grace Petrikowski: Dr. Grace Petrikowski graduated from the Faculty of Dentistry at the University of Alberta and completed her Oral and Maxillofacial Radiology specialty training at the University of Toronto. She later completed a Master of Science degree through the Department of Applied Sciences in Medicine in the Faculty of Medicine at the University of Alberta and taught for a number of years at the University of Alberta and University of Toronto. In addition to teaching in continuing education courses, Dr. Petrikowski maintains a full-time private radiology practice and consultation service and has contributed to textbooks on oral and maxillofacial diagnostic imaging and TMJ imaging.







Dr. Lesley David

DDS, Dip OMFS, FRCD(C)



3:20^{pm} - 4:00^{pm}

The Implant Minded Dental Extraction in the Age of Implant Immediacy

Description:

This session will review how to set the stage appropriately for dental implants by performing mindful extractions. In addition, the concept of socket preservation will be reviewed to ensure an understanding of why, when, and how. Immediate implants and temporization will also be reviewed. As such, whether surgically inclined or not, this session is important for all clinicians in daily practice as it reveals what's required to ensure simpler and predictable treatment solutions.

Objectives:

- learn about the implant minded dental extraction
- understand the classification of extraction sockets and how to manage them
- review the materials and technique of socket grafting
- appreciate the effects of implant immediacy

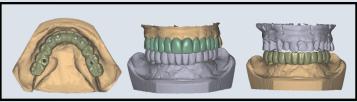
Dr. Lesley David: Dr. Lesley David is an oral and maxillofacial surgeon who maintains a private practice in Toronto. She is an Associate Clinician at the University of Toronto in the Oral and Maxillofacial Surgery Clinic, a Fellow and past examiner of the Royal College of Dentists of Canada and is on staff at the Mt. Sinai Hospital and The Trillium Hospital. Dr. David is a remedial course provider for the Royal College of Dentists of Ontario in oral and maxillofacial surgery and implant dentistry. She is also on several industry related advisory boards and a key opinion leader for various dental related companies. Dr. David is a co-founder of Global Dental Mentorship. She has numerous publications in implant dentistry. Dr. David lectures internationally on various topics in implant dentistry and oral and maxillofacial surgery.



DIGITAL SMILE DESIGN

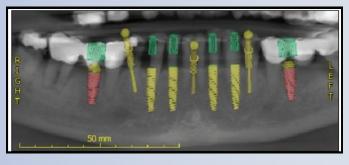
Technology and experience enable us to have a good understanding and communication between the team and to create smiles that meet the satisfaction of our Doctors and patients.





Before

Digital Prosthesis Design





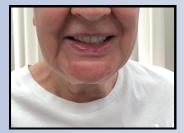


Digital Case Planning

Surgical Guide Design

Mandible restored with screw retained implants Bridge

Maxilla restored with Porcelain Crowns and Bridges (Prettau Zirconia with e.max)









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SALON B



Melissa Barlock



10:30am - 12:00pm

Emotional Intelligence & Ethics in Dentistry

Description:

This 90-minute interactive session will explore the vital role of emotional intelligence (EI) in making ethical decisions in dentistry. As leaders in a highly patient-focused profession, women in dentistry must navigate complex emotional landscapes, both in their teams and with their patients. This workshop will delve into how heightened emotional intelligence can enhance ethical decision-making, improve patient care, and foster a positive workplace culture. Participants will learn practical ways to harness their emotional intelligence to uphold the highest ethical standards in their practice.

Objectives:

- Understanding Emotional Intelligence Components: Participants will develop a comprehensive
 understanding of the core components of emotional intelligence—self-awareness, self-regulation,
 empathy, social skills, and motivation—and how these aspects can directly influence ethical
 decisions in dental practice.
- Integrating El into Everyday Practice: Participants will discover practical techniques to integrate
 emotional intelligence into their daily professional interactions, enhancing patient care and ethical
 decision-making processes. They will learn how to maintain ethical standards in challenging
 situations by using El as a guiding tool.
- **Strengthening Ethical Leadership:** Participants will explore strategies to use emotional intelligence to strengthen their leadership abilities, promoting ethical behaviour within their teams. They will learn how to lead by example, creating a positive, trust-based environment that encourages ethical practices across the board.

Melissa Barlock: Melissa Barlock is the visionary founder & CEO of Enspire Dental Opportunities, a best-selling author on Amazon, and an international speaker. Her agency, a full-service dental recruitment firm, specializes in connecting dental professionals with both permanent and temporary roles across Canada.

With over 20 years of experience as a speaker and group facilitator, Melissa has honed her skills in empowering individuals, groups, and organizations to enhance their leadership capabilities and unlock their full potential.

Melissa's expertise extends to providing strategies for effective communication and collaboration, essential for fostering cohesive and high-performing teams. She also offers insights into creating workplace environments conducive to growth, satisfaction, and long-term commitment, along with valuable strategies for talent acquisition and retention.

Additionally, Melissa guides individuals on the journey to long-term success and fulfillment by cultivating essential skills and adopting the right mindset.

In addition to her speaking engagements and leadership development initiatives, Melissa is also the co-author of two acclaimed books: The Dental Edge: Attract, Engage and Retain Top Talent and The Dental Edge: Stand Out & Create a Thriving Career You Love.

Through her writing and speaking engagements, Melissa continues to inspire and empower professionals to reach new heights in their careers and personal development.















SALON B



Meryl Witkin



1:25^{pm} - 2:10^{pm}

How to Eliminate the Barriers to Self-Care and Start Making Time for Yourself

Description:

As busy, working professionals, making time to care for yourself can seem like an impossible chore. In this course you will learn why self-care is so important and how it can help you minimize stress and bring more joy to your life. It will teach you to recognize the barriers that stand in your way, and discover tips and tools to overcome them. It won't give you more hours in your day, but it will help you be more efficient and intentional with the hours that you have.

Objectives:

- To recognize what's keeping you from prioritizing yourself and your needs.
- Discover how to overcome these barriers to self-care.
- Learn tips to help you implement self-care into your busy life.

Meryl Witkin: Meryl is a Toronto-based therapist with a Masters in Counselling Psychology who works with clients struggling with stress, anxiety, overwhelm, depression, relationship difficulties, etc. Drawing upon various therapeutic modalities, Meryl tailors her approach to the unique needs of her clients to help them regain control of their life and achieve emotional well-being. Clients can connect for in-person appointments from her office at ReFresh Psychotherapy in mid-town Toronto, or on-line for those who prefer to meet virtually.



Irene lancu



2:15^{pm} - 3:00^{pm}

The RDH Checklist for Implant Maintenance and Identifying Failure

Description:

In the dynamic landscape of implant dentistry, achieving enduring success with dental implants hinges on a profound comprehension of failure recognition and meticulous maintenance protocols.

Join Irene for a comprehensive lecture designed to provide the checklist you didn't know you needed to bring back to practice with you and spice up your maintenance protocols. This session will furnish you with the knowledge and proficiency required to optimize patient outcomes.

We explore identifying implant failures, implications and prevalence of implant failures, and factors that can precipitate complications. We'll navigate into clinical signs of implant failure, shedding light on the significance of pain, inflammation, and mobility. Real-world case studies will illustrate the array of manifestations of implant complications. Radiographic assessment, pivotal in implant care, will be scrutinized, emphasizing its role in detecting early bone loss and issues.

Objectives:

- Identify Clinical Indicators of Implant Complications
- Apply Evidence-Based Diagnostic Techniques
- Formulate Effective Peri-Implantitis Management Strategies
- Implement Specialized Maintenance Protocols
- Establish Structured Follow-Up Regimens

Irene lancu: Irene lancu is a Canadian RRDH and entrepreneur. With experience in various specialties like Pediatrics, Orthodontics, and Periodontics, she has combined these elements in her start-up dental practice in Toronto, Toothlife Studio. Through her diverse passions and dental hygiene expertise, Irene has carved out a unique path in the field. Apart from being an Independent Dental Hygienist and practice owner, Irene is an international speaker, key opinion leader, host of the Tooth or Dare podcast, and creates educational content on all social platforms under the handle @toothlife. irene. Over the years, she has built a vibrant community of like-minded clinicians eager to learn, share, and grow. Irene has served as a Clinical & Theoretical Instructor at Oxford College, a Quality Assurance and Peer Mentor for the College of Dental Hygienists of Ontario, and an Item Writer for the Canadian National Dental Hygiene Boards. These positions have allowed her to advance her mission of sharing new industry insights with other professionals. Irene has pursued educational opportunities like Harvard HMX's program offered by Harvard Medical School, gaining valuable knowledge on genetics and immune responses related to oral health issues. She graduated with honors from George Brown College's Restorative Program in 2021, which now allows her to practice restorative dentistry.



SALON B



Reefa McDoom



3:20pm - 4:00pm

Cannabis: Update and Impact on Dentistry

Description:

Cannabis has been legal in Canada since October of 2018; we know that its use, particularly smoking, has a profound effect on the oral cavity. This lecture offers dental professionals a current and relevant understanding of oral repercussions and the general information needed to navigate with their patients from the medical history, dental treatments, to our legal responsibilities.

Objectives:

- understanding the basics to communicate effectively with cannabis users
- reviewing the oral repercussions of cannabis use
- navigating within the patient's medical history

Reefa McDoom: Reefa McDoom RRDH has been a practicing dental hygienist in the city of Toronto for over 35 years. She is currently the Restorative Dental Hygienist in a specialty practice dividing her time between restorative, pros, and perio. She has lectured locally and internationally and is devoted to education and volunteer. Reefa is a proud member of the 'Build Your Smile Dental Foundation' which provides dental treatments for Toronto shelters, underserved rural communities, and dental outreaches in Africa.

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7 CE/DAY

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MODULE 1

Day 1: Periodontal Disease

- Etiology and diagnosis procedures
- · The introduction of the new classification system
- Prognosis and Treatment Plan
- Non-surgical and surgical treatment option
- Periodontal maintenance program
- The principles of functional crown lengthening

Hands-On component*:

- Review Flap and Suturing Principles
- Osseous Resective Periodontal Surgery distal wedge

MODULE 2

Day 2: Soft Tissue Grafting

- Biologic principles and Etiology
- Diagnosis: Old and New Classification
- Indications, Goals and Objectives
- Case selection and treatment plan
- Soft tissue grafting procedures (FGG,CTG)

Hands-On component*:

- Free Gingival Grafting (FGG)
- Connective Tissue Grafting (CTG)

*You are required to bring loupes and additional instruments to the course, at your own cost.

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Day 3: Hard Tissue Grafting

- Biologic principles
- Goals and Objectives
- Indications and Treatment Plan
- Review different types of Bone grafts and membranes
- Complications

Hands on component*:

- Socket preservation
- Guided bone regeneration for treating periodontal bony defects

THE SPEAKER

Dr. Parvaneh Bahrami obtained her Master of Science in Periodontology and Implant Surgery in 2012 from the University of Toronto.

Dr. Bahrami is board-certified in Canada and USA and a Diplomat of the American Academy of Periodontology. She is a clinical instructor at the University of Toronto and practices as a periodontist and implant surgeon at Prosthodontics Associates.

Contact: pbahrami@buildyoursmile.com













4:05pm – 4:15pm Closing remarks















4:30pm – 6:00pm Cocktail Reception

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